



Our Wellness Menu

2024



Welcome to Amrit Ocean

It is my privilege to welcome you to Amrit Ocean Resort & Residences. Our globally respected team will bring Amrit's residents and guests the next generation of personalized wellness, where ancient inner science intersects with modern science and technology. Our vision is to inspire and assist everyone in finding their inner balance of Peace and Happiness – using our 5 Pillars of Wellness: Mindfulness, Nutrition, Fitness, Relaxation, and Sleep – the impact will be that they will live a healthier, happier, and longer life.

The Amrit culture is continually developed by each one of us adhering to our company's core values and our personal pursuit of growing in each of our five pillars as well as our passion to help others grow.

We believe that a hospitable, refined, and vibrant company culture that supports and nurtures our employees is key to our success.

Sincerely,



Dilip Barot
Founder



Hair Health & Beauty

Salon Services

WOMEN

- Blow Out/Style - Starting \$85+
- Hair Cut - Starting \$125+
- Partial Highlight - Starting \$175+
- Full Highlights - Starting \$235
- Single Process - Starting \$135+
- Double Process - Starting \$195+
- Specialty (Balayage) - Starting \$280+
- Relax/Straighten - Starting \$395+
- Updos - Starting \$125+
- Bridal - Starting \$199+
- Conditioning Treatment - Starting \$45

Salon Services

MEN

- Hair Cut - Starting \$60+
- Partial Highlight - Starting \$145+
- Full Highlights - Starting \$220+
- Single Process - Starting \$85+



Nail Care

Luxury Pedicure

80-Minutes

Relax with an aromatic foot soak, followed by a luxurious sugar scrub to smooth and soften the skin. Legs and feet are then massaged with moisturizing body butter to hydrate before the hot stone massage, designed to soothe muscles and increase circulation. Complete your treatment with option of Buff and Shine, Clear Coat, or Performance Polish.

CBD Pedicure

50-Minutes

Your journey begins with a CBD infused warm soak that cleanses and prepares the skin for a gentle exfoliation, followed by a CBD moisturizer leaving the skin soft and nourished. Complete your treatment with the option of a Buff and Shine, Clear Coat, or Performance Polish.

Amrit Signature Pedicure

50-Minutes

A warm soak, exfoliation, and a hydrating massage leaves the skin soft and nourished. Complete your treatment with option of Buff and Shine, Clear Coat, or Performance Polish.

Express Pedicure

25-Minutes

An express treatment to transform your nails. Nails are perfectly shaped and manicured, and treatment completed with option of Buff and Shine, Clear Coat, or Performance Polish.



Amrit Signature Manicure

50-Minutes

This manicure is the luxury service your hands and nails desire. Complete your treatment with the option of a Buff and Shine, Clear Coat, or Performance Polish.

Express Manicure

25-Minutes

An express treatment to transform your nails. Nails are perfectly shaped and manicured, and treatment completed with option of Buff and Shine, Clear Coat, or Performance Polish.

Enhancements

Gel Removal + 15 Minutes

Dip Removal + 20 Minutes

Gel Polish + 15 Minutes

Hot Oil

Algae Aloe Mask

Ayurvedic Foot Mask



Etiquette

Cancellation

If you need to cancel or modify a reservation, please notify us at least 24 hours in advance. For cancellations or changes made after this timeframe, full payment will be required. For groups of 6 or more, please contact your coordinator directly.

Arrival

Please ensure you arrive at least one hour before your first treatment begins. Your appointment is tailored exclusively for you. To maintain the quality of each guest's experience, late arrivals will only receive the remaining time allocated for their appointment. Additionally, please remember to bring a bathing suit for your spa day, as it's required for the co-ed hydrothermal experience.

Service Charge

A fixed 24% service charge will be included on your bill for services rendered. If you wish, you may add extra gratuities at your discretion.

Age Requirements

Guests aged 16 and older are welcome to participate with guardian supervision and sign a waiver in person. Additionally, younger guests can enjoy salon services if accompanied by a guardian.

Salon Services

Salon guests will be required to pay a day pass fee to access the spa facility or the Aayush Experience.

Hours

Timing may vary depending on peak seasons.



Etiquette

Please be mindful that Amrit Wellness & Spa is a serene sanctuary. We kindly ask for your assistance in preserving our tranquil atmosphere by speaking softly and refraining from using cell phones, playing music, or watching videos in communal areas.

Furthermore, The Aayush is designed as a wellness experience. To ensure all guests can fully benefit from their wellness circuits, we request that you limit your visit to 90-120 minutes. You are welcome to enjoy the amenities in the individual locker rooms and relax on the beach during your visit.

Attire

For many spa treatments, it's typical to undress entirely, but you should undress to your comfort level. Rest assured; our therapists are skilled at maintaining your privacy by ensuring proper draping throughout the treatment.

For treatments like Traditional Thai, Table Thai, Reiki, Reiki Healing, or Assisted Stretch, we recommend wearing loose-fitting clothing that facilitates stretching.

Pricing

The spa menu and prices are subject to change without prior notice.

Retail

Unopened or unused products may be returned within 7 days, while apparel can be returned within 14 days as long as the price tag is still attached.

Well. Beyond Wellness.

Amrit
OCEAN RESORT
Wellness For Life